**WINTER CLOTHING (ADULT AND CHILDREN)**

Coat - jacket

Raincoat

Boots

Sweater

Trousers

Gloves

Scarf

Beret / knit cap / wool hat

Socks

Underwear

**FOOD**

Durable foods- Canned foods

Children's food

**CLEANING / HYGIENE MATERIAL**

Diapers

Hygiene materials

Cleaning materials

Sanitary pads

**OTHER MATERIALS**

Tent

Bed

Mattress (for tent)

Blanket

Sleeping bag

Catalytic gas stove, heater (excluding gas cylinder)

Thermos mugs

Flashlight (excluding battery)

Generator